

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 2, 2024 thru Sep 6, 2024

EL CLASSROOM BREAKFAST #1

Generated on: 8/26/2024 3:50:27 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/02/2024																
EL CLASSROOM BREAKFA HOLIDAY	Total SERVING	1														
		1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0.0%	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 09/03/2024																
EL CLASSROOM BREAKFA BURRITO,Brkft.Bn&Ch-Wh-Gr-2 017	Total EACH	5000														
		5000	177	20	264	3.90	0.76	186.3	168	0.0	0	9.92	18.12	7.3	3.54	0.00
Craisins 2020	servings	1	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	4999	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			484	29	453	7.11	1.00	451.8	996	0.12	61	18.42	85.90	8.96	4.19	0.00
											50.6%	15.2%	71.0%	16.7%	7.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 09/04/2024																
EL CLASSROOM BREAKFA DOUBLE CHOC. BAR- 2017	Total 1 EACH	4950														
		4950	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Crisps, Apple-Strawberry '22	BAG	1	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG	4949	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			429	9	416	6.93	2.70	280.6	937	0.00	45	13.40	75.21	9.01	3.11	0.00
											41.7%	12.5%	70.2%	18.9%	6.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 8/26/2024 3:50:27 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/05/2024																
EL CLASSROOM BREAKFA	Total	4950														
Sndwich Chx & Sausage 2020	1 serving	4950	159	26	312	1.40	1.10	110.0	110	0.0	2	9.7	16.0	6.4	2.60	0.00
APPLES,Fresh sliced 2017 2oz	1 pkg. (2oz)		34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	1 pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			313	32	518	3.40	1.28	329.1	1130	123.62	26	17.76	43.64	6.55	2.69	0.00
% of Calories											33.9%	22.7%	55.8%	18.8%	7.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/06/2024																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG PINK-24	1 each	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	1 EACH	1	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Orange juice, DW, 4oz.2024	1 EACH	4950	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	310	2.00	1.80	259.1	1110	30.01	41	14.06	67.64	6.15	1.59	0.00
% of Calories											43.4%	15.0%	72.1%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			400	20	424	4.86	1.69	330.1	1043	38.44	43	15.91	68.10	7.67	2.90	0.00
											97.4%	15.9%	68.1%	17.3%	6.5%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 2, 2024 thru Sep 6, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 3

Generated on: 8/26/2024 3:50:27 PM

Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	400		350 - 500	100%														
Cholesterol (mg)	20																	
Sodium 1 (mg)	424		540	79%														
Fiber (g)	4.86																	
Iron (mg)	1.69																	
Calcium (mg)	330.1																	
Vitamin A (IU)	1043																	
Sugars (g)	43	43.27%																
Vitamin C (mg)	38.44																	
Protein (g)	15.91	15.91%																
Carbohydrate (g)	68.10	68.08%																
Total Fat (g)	7.67	17.25%																
Saturated Fat (g)	2.90	6.51%																
Trans Fat ¹ (g)	0.00	0.00%																

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

Generated on: 8/26/2024 3:50:44 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/09/2024																
EL CLASSROOM BREAKFA	Total	4950														
CINNAMON ROLL 2018	1 EACH	4950	289	5	142	3.08	1.03	24.3	382	0.4	*37	5.09	64.79	1.0	0.50	*0.00
Craisins 2020	1 servings	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00	
Craisins 2020	1 servings	4950	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK, 1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			595	11	351	6.30	1.26	238.8	1379	0.52	*100	13.25	134.61	1.81	0.64	*0.00
% of Calories											*67.2%	8.9%	90.4%	2.7%	1.0%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/10/2024																
EL CLASSROOM BREAKFA	Total	5000														
OATMEAL CHOC-CHIP BAR-2017	1 EACH	5000	290	20	240	3.00	1.80	20.0	110	0.0	22	5.0	47.0	9.0	3.00	0.00
GRAPES, Fresh PKG '23	1 serving	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00	
GRAPES, Fresh PKG '23	1 serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	29	427	3.41	1.93	286.4	956	1.84	46	13.69	72.49	10.16	3.65	0.00
% of Calories											42.2%	12.4%	65.8%	20.7%	7.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/11/2024																
EL CLASSROOM BREAKFA	Total	4950														
Pancakes, Confetti Bites 2022	1 pkg	4950	210	10	210	4.00	3.60	20.0	1000	0.0	11	4.0	36.0	7.0	1.00	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK, 1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			420	19	397	6.63	3.86	285.7	1863	8.79	40	13.50	76.64	8.34	1.72	0.00
% of Calories											38.4%	12.9%	73.0%	17.9%	3.7%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 8/26/2024 3:50:44 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/12/2024																
EL CLASSROOM BREAKFA	Total	4950														
UBR - BRKFST CINN ROUND 2 020	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			414	6	396	5.00	2.88	299.1	1090	123.62	39	13.06	65.64	10.15	2.59	0.00
% of Calories											37.4%	12.6%	63.4%	22.1%	5.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/13/2024																
EL CLASSROOM BREAKFA	Total	4950														
Concha, WG WHITE-'24	1 each	4950	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, apple 4oz. Hollan-2018	CARTONS	1	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
Juice, apple 4oz. Hollan-2018	CARTONS	4950	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			375	11	296	2.00	2.52	249.1	1075	0.00	40	13.06	67.64	6.15	1.59	0.00
% of Calories											42.3%	13.9%	72.1%	14.8%	3.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			449	15	374	4.67	2.49	271.8	1273	26.95	*53 *106.3	13.31 11.9%	83.40 74.3%	7.32 14.7%	2.04 4.1%	*0.00 *0.0%
------------------	--	--	-----	----	-----	------	------	-------	------	-------	---------------	----------------	----------------	---------------	--------------	----------------

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 9, 2024 thru Sep 13, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 3

Generated on: 8/26/2024 3:50:44 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	449		350 - 500		100%												
Cholesterol (mg)	15																
Sodium 1 (mg)	374		540		69%												
Fiber (g)	4.67																
Iron (mg)	2.49																
Calcium (mg)	271.8																
Vitamin A (IU)	1273																
Sugars (g)	53	47.25%				Missing											
Vitamin C (mg)	26.95																
Protein (g)	13.31	11.86%															
Carbohydrate (g)	83.40	74.30%															
Total Fat (g)	7.32	14.68%			<=30.00%												
Saturated Fat (g)	2.04	4.09%			<10.00%												
Trans Fat ¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

Generated on: 8/26/2024 3:50:58 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/16/2024																
EL CLASSROOM BREAKFA	Total	5000														
Egg & Cheese Slider 2018	1 serving	5000	150	60	370	1.00	0.72	150.0	200	0.0	3	10.0	17.0	5.0	2.00	0.00
Craisins 2020	1 servings	4999	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	4999 servings	4999	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			457	67	571	4.21	0.96	385.5	1128	0.12	65	18.30	85.98	6.16	2.35	0.00
% of Calories											56.9%	16.0%	75.3%	12.1%	4.6%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/17/2024																
EL CLASSROOM BREAKFA	Total	5000														
FRENCH TOAST BAR-2018	1 EACH	5000	290	25	200	3.00	1.80	40.0	105	0.0	21	5.0	47.0	9.0	2.50	0.00
GRAPES,Fresh PKG '23	1 serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	4999 serving	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			441	34	387	3.41	1.93	306.4	951	1.84	45	13.69	72.49	10.16	3.15	0.00
% of Calories											41.3%	12.4%	65.8%	20.7%	6.4%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/18/2024																
EL CLASSROOM BREAKFA	Total	4950														
Donut, Super Bakery '22	1 EACH	4950	250	5	250	0.50	5.40	200.0	2000	30.0	15	5.0	29.0	11.0	3.00	0.00
Crisps, Apple-Strawberry '22	1 BAG	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	4950 BAG	4950	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			409	11	456	2.43	5.40	409.1	3003	30.00	40	13.06	58.28	11.15	3.09	0.00
% of Calories											39.6%	12.8%	57.1%	24.6%	6.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 8/26/2024 3:50:58 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/19/2024																
EL CLASSROOM BREAKFA	Total	4950														
Waffles, Fun N Fruti '24	pkg	4950	210	35	290	2.00	1.08	8.0	0	0.0	10	5.0	31.0	8.0	1.50	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4950	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			364	41	496	4.00	1.26	227.1	1020	123.62	35	13.06	58.64	8.15	1.59	0.00
% of Calories											38.1%	14.4%	64.4%	20.2%	3.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/20/2024																
EL CLASSROOM BREAKFA	Total	4950														
BANA CHOC-CHUNKY MONKE Y 2013	1 EACH	4950	280	15	220	3.00	1.80	20.0	115	0.0	23	5.0	48.0	8.0	3.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	1	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
Juice, Orange,4oz. Hollan-2018	CARTONS	4949	60	0	10	0.00	0.00	0.0	60	30.0	12	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			460	21	436	3.00	1.80	229.1	1145	30.00	54	14.06	81.64	8.15	3.09	0.00
% of Calories											46.7%	12.2%	71.0%	15.9%	6.0%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			426	35	469	3.41	2.27	311.4	1449	37.12	48	14.43	71.40	8.76	2.66	0.00
											101.1%	13.6%	67.0%	18.5%	5.6%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 16, 2024 thru Sep 20, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 3

Generated on: 8/26/2024 3:50:58 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	426		350 - 500		100%												
Cholesterol (mg)	35																
Sodium 1 (mg)	469		540		87%												
Fiber (g)	3.41																
Iron (mg)	2.27																
Calcium (mg)	311.4																
Vitamin A (IU)	1449																
Sugars (g)	48	44.94%															
Vitamin C (mg)	37.12																
Protein (g)	14.43	13.55%															
Carbohydrate (g)	71.40	67.04%															
Total Fat (g)	8.76	18.50%	<=30.00%														
Saturated Fat (g)	2.66	5.61%	<10.00%														
Trans Fat ¹ (g)	0.00	0.00%															

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Base Menu Spreadsheet

Portion Values - Detailed

Page 1

Sep 23, 2024 thru Sep 27, 2024

EL CLASSROOM BREAKFAST #1

Generated on: 8/26/2024 3:51:12 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/23/2024																
EL CLASSROOM BREAKFA	Total	5000														
Cinnis, Mini 2.29oz 2017	pkg	5000	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Craisins 2020	servings	1	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	4999	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	1000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			547	7	471	5.21	1.68	275.5	1003	0.12	77	13.30	107.98	8.16	1.85	0.00
% of Calories											56.3%	9.7%	79.0%	13.4%	3.1%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Tue - 09/24/2024																
EL CLASSROOM BREAKFA	Total	5000														
Muffins, DBL Choc. 2022	1 ea	5000	280	25	250	2.00	1.80	20.0	85	0.0	17	4.0	44.0	10.0	2.00	0.00
GRAPES,Fresh PKG '23	servings	1	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
GRAPES,Fresh PKG '23	servings	4999	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	3000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			431	34	437	2.41	1.93	286.4	931	1.84	41	12.69	69.49	11.16	2.65	0.00
% of Calories											38.5%	11.8%	64.5%	23.3%	5.5%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Wed - 09/25/2024																
EL CLASSROOM BREAKFA	Total	4950														
Cluster Brk, Whole Grain '22	1 EACH	4950	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
BANANAS	1 EACH	1	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
BANANAS	1 EACH	4949	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			470	9	377	5.63	2.96	345.7	933	8.79	43	14.50	78.64	11.34	3.22	0.00
% of Calories											36.9%	12.3%	66.9%	21.7%	6.2%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 2

Generated on: 8/26/2024 3:51:12 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 09/26/2024																
EL CLASSROOM BREAKFA	Total	4950														
CEREAL,MALT-O, SCOOTERS	BOWL	4950	156	0	260	3.90	11.69	129.9	650	19.49	*N/A*	5.2	29.89	2.6	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	1	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
APPLES,Fresh sliced 2017 2oz	pkg. (2oz)	4949	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	2000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	2950	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			310	9	446	5.90	11.87	400.5	1498	143.09	*23	13.60	55.46	3.61	0.61	0.00
% of Calories											*29.7%	17.6%	71.6%	10.5%	1.8%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Fri - 09/27/2024																
EL CLASSROOM BREAKFA	Total	4950														
BREAD,BANANA 2023	1 EACH	4950	163	19	84	1.41	0.57	12.9	44	1.99	*14	2.03	24.48	7.14	0.68	*0.00
Juice, apple 4oz. Hollan-2018	CARTONS	1	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
Juice, apple 4oz. Hollan-2018	CARTONS	4949	55	0	0	0.00	0.72	0.0	65	0.0	13	0.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			338	25	290	1.41	1.29	222.0	1078	1.99	*46	10.09	58.12	7.29	0.77	*0.00
% of Calories											*54.4%	11.9%	68.7%	19.4%	2.0%	*0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			419	17	404	4.11	3.95	306.0	1088	31.17	*46	12.84	73.94	8.31	1.82	*0.00
											*99.1%	12.3%	70.6%	17.9%	3.9%	*0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 23, 2024 thru Sep 27, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 3

Generated on: 8/26/2024 3:51:12 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	419		350 - 500	100%												
Cholesterol (mg)	17															
Sodium 1 (mg)	404		540	75%												
Fiber (g)	4.11															
Iron (mg)	3.95															
Calcium (mg)	306.0															
Vitamin A (IU)	1088															
Sugars (g)	46	44.05%			Missing											
Vitamin C (mg)	31.17															
Protein (g)	12.84	12.25%														
Carbohydrate (g)	73.94	70.57%														
Total Fat (g)	8.31	17.85%	<=30.00%													
Saturated Fat (g)	1.82	3.91%	<10.00%													
Trans Fat ¹ (g)	0.00	0.00%			Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Rialto Unified School District

Sep 30, 2024 thru Sep 30, 2024

Base Menu Spreadsheet

EL CLASSROOM BREAKFAST #1

Portion Values - Detailed

Page 1

Generated on: 8/26/2024 3:51:46 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 09/30/2024																
EL CLASSROOM BREAKFA	Total	4950														
POP TARTS,WG Blueberry 2018	PKG. of (2 ea)	4950	360	0	360	6.00	3.60	200.0	1000	0.0	30	4.0	76.0	5.0	2.00	0.00
Craisins 2020	servings	1	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
Craisins 2020	servings	4950	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	1 EACH	300	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	1 EACH	4650	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			667	6	569	9.21	3.84	414.5	1998	0.12	93	12.16	145.83	5.81	2.14	0.00
% of Calories											55.6%	7.3%	87.5%	7.8%	2.9%	0.0%
Nutrient Guideline			350-500		540									<=30.0	<10.00	

Weighted Average			667	6	569	9.21	3.84	414.5	1998	0.12	93	12.16	145.83	5.81	2.14	0.00
											125.1%	7.3%	87.5%	7.8%	2.9%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target*	Miss Data	Shortfall*	Overage*	Error Messages (if any)*
Calories	667		350 - 500					
Cholesterol (mg)	6							
Sodium 1 (mg)	569		540					
Fiber (g)	9.21							
Iron (mg)	3.84							
Calcium (mg)	414.5							
Vitamin A (IU)	1998							
Sugars (g)	93	55.61%						
Vitamin C (mg)	0.12							
Protein (g)	12.16	7.30%						
Carbohydrate (g)	145.83	87.49%						
Total Fat (g)	5.81	7.85%	<=30.00%					
Saturated Fat (g)	2.14	2.89%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

*Data comparisons are not available for one or two day selections

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.